

WAS JOAN OF ARC THE 'DEADLIEST'? TELEVISION (page 13)

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NEW YORK

Wednesday, July 27, 2011 www.metro.us



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News

Happy gets healthier at McD's

- McDonald's cutting portion on fries and adding apples
- ♠ Bowing to pressure to offer more nutritious choices {page 07}



Jesse James no longer engaged

He's single again, but is anybody really that surprised? {page 11}

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In the news Man stabs conductor on 5 train

A man attacked the conductor driving an uptown 5 train on Friday, according to the New York Daily News. When the train stopped at the 149th Street station in the Bronx, Richard Arrocho, 42, climbed through an open side window, wielding a screwdriver. 💿 METRO/AB

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DEADLY ARMS FROM 'DEADLIEST WARRIOR'

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9/11 fund: No cash for cancer

Quoted

"Someday they're going to recognize [the connection between Ground Zero and cancer], but everybody will be dead."

VICTOR FUSCO, ATTORNEY

- Report cites lack of proof linking cancers to Ground Zero toxins
- Thousands of responders are sick
- New study to be done in 2012

First responders from 9/11 who have cancer are not eligible for medical care reimbursement, according to a report released yesterday.

A panel at the National Institute for Occupational Safety and Health deemed they have "insufficient evidence" to link cancer to Ground Zero toxins. Federal researchers ruled that cancers will not be covered by the \$4.3 billion allocated by the James A. Zadroga Act.

No exact number exists for the number of first responders who have cancer, and those studying the issue — like researchers at the World Trade Center Medical Monitoring and Treatment Program — declined to give out data before research is finished.

But John Feal, a first responder who helped get the Zadroga Act passed in Congress, estimates that "hundreds, if not thousands" of his fellow re"It's scary. We're dying, and it feels like nobody cares."

KEN GEORGE, A LONG ISLAND 9/11 RESPONDER

sponders now have cancer.

Jeff Stroehlein, 47, a 17year firefighter who
worked on Ground Zero

year firefighter who worked on Ground Zero, was diagnosed with brain cancer in March. "This is unbelievable," said his wife, Margaret, 40, of the federal government's decision. "I wanted to cry."

Just last week, the Stroehleins spent \$700 on medicine not covered by their insurance.

"We're sick and dying, we're not stupid," Feal told Metro. "I don't need a doctor with 12 years of college telling me that 9/11 didn't cause these cancers."

A second review of cancer will be done in 2012.





The burden of proof

NEW YORK. Money from the Zadroga Act covers illnesses that research has proven were connected to Ground Zero, like asthma and post-traumatic stress. But no similar research has yet to connect cancer to toxins from "the pile."

Dr. Philip Landrigan, director of the WTC Monitoring and Treatment "It seems obvious there must be a link." SEN. CHARLES SCHUMER

Program at Mount Sinai, said they are tracking 60 different types of cancers in first responders, such as esophageal cancer.

Dr. Mark Kaufman, who treats 9/11 responders in Long Island, said many have come to him with common ailments like scarred lungs. It's not a coincidence, he said.

"It's connecting the dots," he said. "You have to say that to some extent, being exposed to that toxic soup caused the symptoms."

METRO/AB

Man leaps off GW bridge

washington Heights. A man leapt to his death off the George Washington Bridge yesterday afternoon, according to police. The man jumped off the north side of the bridge at about 2:30 p.m. yesterday and landed on the southbound side of Harlem River Drive, near West 181 Street. In a separate incident, a body was found floating in the Hudson River yesterday afternoon at 3:30 p.m. The body was found near West 57th Street. © METRO/CB



Cuomo's bus crackdown

ALBANY. Eight bus companies had their operating licenses suspended for repeatedly violating safety rules, Gov. Andrew Cuomo announced in a crackdown Monday following a fatal Bronx crash in March. The coach and tour bus companies have each failed inspections, Cuomo said. The companies are Long Island Limousine Service; Best Trails and Travel; Party Ride; A&W Tours; Touch of Class & Coach; Silver Star Limo; Zoladz Limousine Service and Big Apple Bus Charter. REUTERS





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Cops rescue dog from drowning

New York City police officers rescued a German shepherd puppy that was swept two miles offshore in Jamaica Bay Monday night.

The 8-month-old dog, Charlie, escaped from owner Irina Frid during a rainstorm Monday night, Frid told the New York Daily News. She was closing the front gate to her oceanfront home in Manhattan Beach, she said, when Charlie slipped out. She called for him, but a beep from a nearby fire truck scared him, she said — and he ran away.

Frid, 38, was searching for the pooch when a friend called her with terrifying news: The dog was in "He was going down in the water, up, down in the water, up. I was speechless." FRID

the water, far from shore. Police officers Ben-

jamin Reiver and Edward Carr were on a routine patrol in Jamaica Bay when they spotted Charlie just after 7:30 p.m.

He was struggling to stay afloat and had been swept by strong currents two miles out, according to police.





Study: 50K jumped fare daily in 2009

NEW YORK. You may not believe how many people don't pay the fare in the city's subway system.

An unofficial study done by three MTA employees estimates that fare-beaters entered the subway without paying 18.5 million times in 2009, according to a report obtained by the New York Daily News. That's an average of 50,684 fare evasions a day.

Cops issued just 120,000

12,468

So far this year, transit police have made 12,468 arrests for fare evasion, up nearly 6 percent from last year, according to an MTA spokeswoman.

summonses for fare evasion that same year.

METRO/CB

NY goes after DOMA

ALBANY. New York Attorney General Eric Schneiderman filed court papers yesterday challenging the constitutionality of the federal Defense of Marriage Act. Schneiderman submitted the papers in support of a summary judgment motion in Windsor v. United States, filed by New York resident Edith Windsor, who married her partner, Thea Spyer, in Toronto in 2007. After Spyer died two years later, the U.S. government didn't acknowledge their marriage and taxed Windsor's inheritance. BLOOMBERG



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Accuser's media blitz questioned

♠ Experts see 'desperate gambit' to keep case alive ♠ Lawyers say conflicting stories could hurt her



After more than two months in seclusion and anonymity, the hotel maid who accused former IMF chief Dominique Strauss-Kahn of sexually assaulting her is telling her story and hoping for success in the court of public opinion.

But legal experts say talking to the media at this

Will it hurt or help?

NEW YORK. Defense lawyer Daniel Arshack said going public was a "terrible move" and said her credibility could be impeached by inconsistencies. But attorney Judd Burstein disagrees, and said her decision may help rehabilitate her image. "She has been put in the box of being a con woman, so it's important for her to be seen as a human being," he said. REUTERS

point is a risky tactic that could weaken the prosecution's case against Strauss-Kahn and reduce the woman's chances of winning a civil suit, which her lawyers said she intends to file shortly.

"I think the decision to come forward is a desperate gambit to try to put pressure on the prosecution to consider not dropping the case," said Alan Dershowitz, a well-known criminal defense attorney.

Dershowitz said that while this move could ultimately succeed, "it's a high-risk tactic, obviously devised by her lawyer, who may see a pot of gold at the end of the rainbow."

The maid's credibility was called into serious doubt after prosecutors alleged she lied on her asylum application and gave varying accounts of her actions after the May 14 encounter at the Sofitel hotel in Manhattan.

Strauss-Kahn has vehemently denied the allegations. His next court appearance is scheduled for Aug. 23. REUTERS

Calories on menu help

NEW YORK. New Yorkers buying lunch at several of the fast-food chains in the city that post calorie information consumed 106 fewer calories than those who ate at eateries that didn't post the calories, according to a study released yesterday in the 80 Those eating at Au Bon Pain consumed 80 fewer calories, and KFC customers consumed 59 fewer calories.

British Medical Journal. In 2008, New York City law required that chain restaurants post calorie information. The city law will be adopted nationwide next year.

METRO/CB

Greenpoint jewel store shooting



GREENPOINT. The NYPD is looking for two men who broke into a Greenpoint jewelry store near the Nassau Avenue G train stop on Monday and shot the 54-year-old owner. The men broke into Studio Jewelry and looted the display cases. Before leaving, they shot the owner once in the chest. He survived and is in stable condition.

METRO/CB



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Undercover underground

'Sleeping' cops lure pickpockets
 To stem smartphone theft, transit police are now using decoy officers

Pickpockets beware: Transit police are planting decoy passengers along the rails.

Dressed like regular straphangers, the plainclothes officers even fake falling asleep like riders do, only to nab thieves who are tempted to purloin their iPhones, BlackBerrys and other electronic devices.

Last week, the NYPD caught three men trying to pickpocket smartphones from undercover officers.

"We continue to have a problem with cell phones," said NYPD Chief of Transit Raymond Diaz.

The "decoy operations," as police call them, have even led police to the shops that sell the stolen goods. Variety, grocery and discount stores are the major resellers of pilfered phones, Diaz affirmed.

At any given time, there are 50 to 200 undercover cops riding the rails, one police source said.

"They look like regular, normal people," said Diaz. "You'd never know."



37%

Year to date, 37 percent of all subway crime involves the theft of a cell phone and 45 percent involves the theft of an electronic device, Diaz said.



EMELY ANNE EPSTEIN/METRO

Hello there ...

'HEAT WAVES KILL THE INVISIBLE'

New York's heat wave claimed two victims over the weekend, including a 10-year-old girl. NYU sociology professor Eric Klinenberg wrote "Heat Wave: A Social Autopsy of Disaster in Chicago," which explores the 1995 heat wave in Chicago, in which as many as 700 people died.

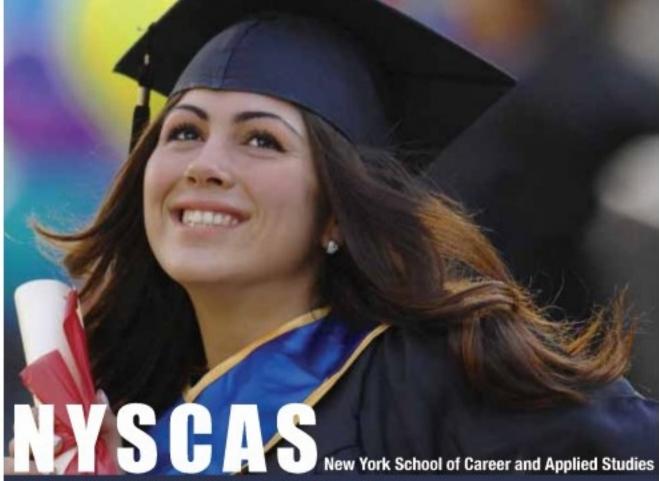
What are some of the social reasons people might be skeptical of heat disasters? The people who usually die in heat waves are themselves invisible. They're elderly; they're poor. They're often African-American. They

► Klinenberg

live in the most impoverished and abandoned parts of our cities. Are serious heat waves as rare as they seem? They're not rare. In a typical year, heat waves kill more Americans than all the other natural disasters combined. That's hurricanes, tornadoes, earthquakes and floods. We have a hard time believing that, but it's true. Moreover, all the serious climate science says that we're going to see more heat waves in the future and probably in the near

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Happy Meal gets apples, fewer fries

McDonald's Corp. said yesterday it will soon tweak its Happy Meals — reducing the french-fry portion by more than half and automatically adding apples to the popular children's meals — after coming under pressure from consumer groups to provide healthier fare.

McDonald's, which has been taking heat from parents, consumer groups and local lawmakers over the nutritional content and marketing of Happy Meals, said it would start making the changes in September. The new Happy Meals would be available in all of its 14,000 U.S. restaurants by the end of the first quar-

1.1 oz

New child-size portion of fries, down from 2.4 ounces previously. It's about 100 calories.

ter of 2012.

The world's largest hamburger chain also plans a 15 percent reduction in sodium across its U.S. menu by 2015.

McDonald's currently offers apple slices with caramel dipping sauce as a Happy Meal side. The new apple portion size has no added sugar or accompanying dipping sauces.

REUTERS



Plane crash kills 78

At least 78 people were killed yesterday when a Moroccan military transport plane crashed into a mountain in the south of the country during bad weather, the military stated. Reports said there were three injured survivors so far from the crash. REUTERS

Poll: Voters blame Obama, GOP on jobs

washington. More than a third of Americans believe President Barack Obama's policies have made the U.S. economy worse, but they blame Republicans just as much, according to a Washington Post-ABC News poll published yesterday.

The percentage of people who said Obama, a Democrat, has made the economy worse rose six points since October to 37 percent, the public opinion poll found.

But as many Americans blame Republicans in Congress for America's economic woes as they do Obama, the poll of more than 1,000 people found.

It said 65 percent of respondents said they disapprove of the Republicans' handling of jobs, compared with 52 percent who disapprove of Obama's efforts. REUTERS

Rep. resigns amid scandal

PORTLAND, ORE. Oregon
Democratic Congressman
David Wu, accused of an
unwanted sexual
encounter with a campaign
donor's teenage daughter,
said yesterday he will
resign his seat to defend
himself against "these very

serious allegations."

The decision by Wu, 56, to step down came a day after he announced he would not seek an eighth term in office, as Nancy Pelosi, the top-ranking Democrat in the U.S. House of Representatives, referred the matter to the House Ethics Committee for investigation. REUTERS

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money

IMF warns of default

EUROPE. A default or significant credit downgrade in the United States would be a "very, very serious event," IMF chief Christine Lagarde said yesterday, warning it could have far-reaching consequences.

The International Monetary Fund's managing director also pressed Greece to quickly implement rescue measures and a privatization program to

keep its economy afloat.

"The clock is really ticking. And people have to really find the appropriate solution," she said of U.S. deadlocked talks on raising the debt ceiling by an Aug. 2 deadline.

"Default would be terrible for the United States and for the economy at large," Lagarde told the Council on Foreign Relations. She called on

the United States to develop a credible fiscal adjustment plan to address its public debt but cautioned that near-term budget cuts could undercut an

already sluggish economy. REUTERS

Wall Street left idling as debt deal wheels spin



Mitch McConnell remains

going to happen," he said.

firm on not raising any

taxes. "That's just not

No compromise in sight Another recession looms President Barack Obama's Democrats and their Republican rivals were further apart than ever yesterday in an impasse over

America's debt limit as Wall Street braced for a looming U.S. default and credit downgrade.

One week before a deadline to act, the two sides pursued competing budget plans that appeared to have little chance of winning broad congressional approval. There was no compromise in sight to raise the nation's \$14.3 trillion debt ceiling by Aug. 2 to avert a default that could trigger global financial chaos.

With politicians Washington starkly at odds,

"We just need a minimum amount of compromise, a minimum amount of not 'my way or the highway,' and we can get there this week."

US credit may be downgraded if politicians don't act

GENE SPERLING, NATIONAL ECONOMIC COUNCIL HEAD

corporate America was growing increasingly nervous. Credit rating agencies have threatened to cut America's top-notch AAA bond rating if an increase in the debt limit is not accompanied by a plan for controlling long-term deficits.

A default and downgrade could push the United States back into recession and send shock waves through global markets.

Wall Street banks are preparing for the real possibility that the United States will lose its top credit rating, which they say will cost the country \$100 billion in additional interest payments and hurt both consumers and the economy.

"That's a negative for growth," Mike Hanson, senior U.S. economist at Bank of America Merrill Lynch. told reporters on a call organized by a Wall Street trade group, the Securities Industry and Financial Markets Association. REUTERS

Market moment



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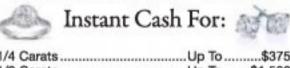
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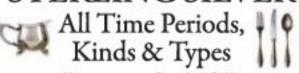


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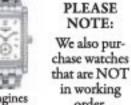


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Why We Can Usually Pay More Than Other Dealers

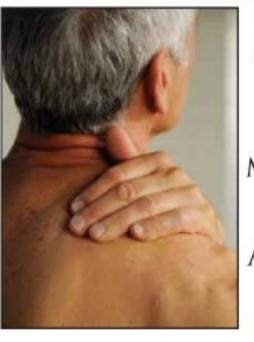
Most jewelers and dealers specialize in few items and focus on newer looking items to resell. Because they are unfamiliar with many other items including vintage jewelry, old watches, coins, flatware, etc. they tend to offer very low prices because these items are not readily saleable for them. Our company has many specialized buyers for the various classifications of items that we purchase, therefore we can usually pay more.

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The condition and rarity of an item determines its price. If an item is in excellent condition and very rare it might be worth the up to price, or even more. However, if an item is in poor condition, the value will be lower. For example, a 1927 S Quarter could be worth \$7,000 in new condition or less than \$20 in poor condition. The up to price reflects items of exceptional quality and rarity. Although it is unlikely you will have these items due to their extreme rarity, feel free to bring whatever items you may have and we will evaluate them free of charge.

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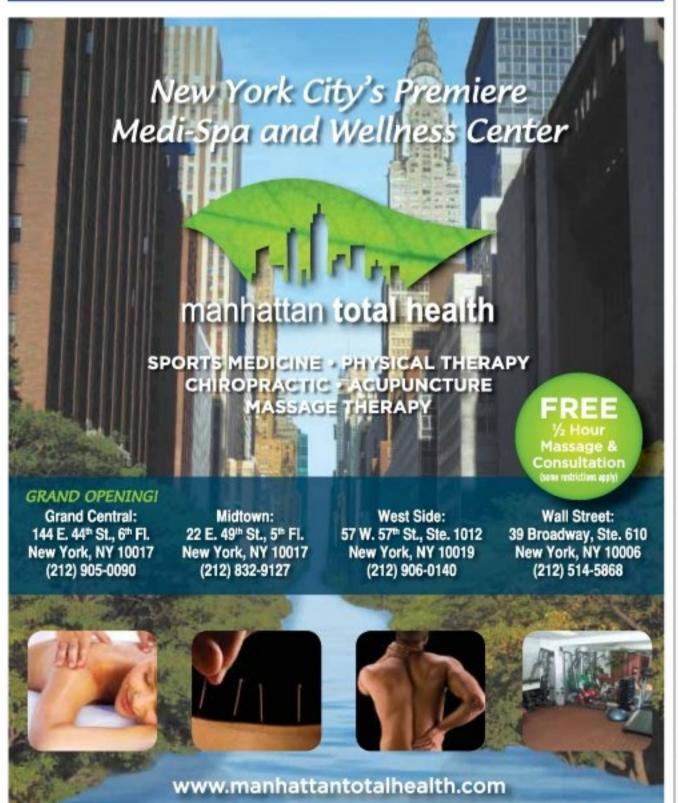
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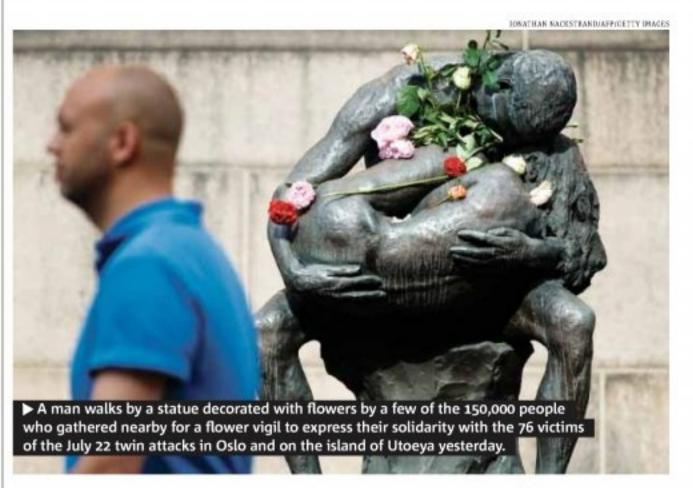
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Norway mass killer most likely insane, says defense lawyer

The lawyer of a Norwegian who killed at least 76 people in a bombing and a shooting spree said yesterday his client appeared to be a madman.

"This whole case indicated that he is insane," Geir Lippestad said of the 32-year-old Anders Behring Breivik, who has confessed to "atrocious but necessary" actions, but denies he is a criminal.

"He expects that this is the start of a war that will last 60 years," Lippestad said. "He has a view of reality that none of the rest of us share."

Lippestad, a member of the Labour Party whose youth wing was the target of shooting rampage on an idyllic island, said he would quit if Breivik did not agree to psychological tests. He says it's too early to say if Breivik would plead insanity at his trial.

Quoted

"He has no empathy, he is indifferent to the people he kills, he has no conscience and no remorse."

RAGNHILD BJOERNEBEKK, A RESEARCHER AT NORWAY'S POLICE SCHOOL, WHO SAID BREIVIK WAS DISCONNECTED FROM HIS VICTIMS

Yngve Ystad, a Norwegian forensic psychiatrist, said it was unlikely that Breivik would be found to be psychotic and thus unaccountable for his actions.

"He had planned the crime and he was not in that way disturbed by psychotic ... ideas because this has been going on for a very long time and, according to the press, he has not been disturbed or suffered severe disturbances." REUTERS

Beck riles for insensitivity

NEW YORK. Right wing commentator and political youth camp sponsor Glenn Beck has come under fire for comparing Norwegian mass murder victims with Nazis.

"There was a shooting at a political camp, which sounds a little like the Hitler Youth, or whatever," Beck said. "Who does a camp for kids that's all about politics? Disturbing."

Beck's 9/12 Project runs patriotic-style seminars across the nation. The Colorado chapter, for example, runs a "Constitutional Champions Summer Patriot Camp" for Republican youths. © METRO

Not hunting attack bear

ANCHORAGE. Alaska wildlife managers have no plans to hunt down a bear that attacked a group of seven young backpackers over the weekend in a remote stretch of backcountry, a state biologist said.

The bear, believed to be a female with a cub nearby, probably acted to defend its young against a perceived threat when it attacked teenagers participating in a National Outdoor Leadership School expedition, said Lem Butler, a wildlife biologist with the Alaska Department of Fish and Game.

"The bear does not pose an immediate risk to public safety," he said. REUTERS

HE WORD



Metro's **Dorothy Robinson** shares her take on the world of gossip **E** @dorothyatmetro and dorothy.robinson@metro.us

Fielder-Civil 'devastated' for many reasons

Despite their messy split in 2009, Blake Fielder-Civil is "devastated and shattered" by the news of ex-wife Amy Winehouse's death, his current girlfriend, Sarah Aspin, tells the Sun. "I will never ever again feel the love I felt for her," Fielder-Civil reportedly told Aspin. "Everybody who knew me and knew Amy knew the depth of our love. I can't believe she's dead." Staff at the jail where Fielder-Civil is currently serving out a three-year sentence for burglary and firearm possession have been instructed to keep a closer eye on him. "He just can't take it in that she's dead and he'll never see her again," Aspin says.

Fielder-Civil, the man many blame for introducing Winehouse to hard drugs, might be shedding tears because he was left out of her will. The Daily Mail newspaper reports that Winehouse and her family made sure that Fielder-Civil was cut out of her \$16 million fortune.

What's surprising isn't that Winehouse didn't leave anything for her ex, it's that she only had \$16 million in the bank after the epic sales of the brilliant "Back to Black," which won three Grammy awards and spent 78 weeks on the charts. In comparison, Kim Kardashian has a net worth of around \$35 million - for doing nothing. The world is an ugly place.

www.metr@.us **MORE GOSSIP**

WWW.METRO.US/WORD **DOROTHY ROBINSON'S** WORD BLOG



ALL PHOTOS CETTY IMAGES

Jesse James' latest ex

Jesse James needs to stop making promises to women: He and Kat Von D have called off their engagement. Von D confirmed on Twitter: "I am no longer [with] Jesse, and out of respect for him, his family and myself, that's all the info I'd like to share." James, though, was willing to share a bit more, telling People magazine, "I'm so sad because I really love her." He claimed too much distance was the reason for the split.



Talking points

Has Arquette moved on?

While he and wife Courteney Cox have maintained their separation was not a divorce and likely not a permanent split, David Arquette seems to have moved on, according to People magazine. The "Scream 4" star hit Comic-Con in San Diego with Christina McLarty, "Girls Gone Wild" guru Joe Francis' ex-wife. The pair "danced the night



away together" at a party hosted by Playboy on Friday before hitting another party Saturday night, sources say.

The messiest of all stage moms

"Gossip Girl" star Leighton Meester is suing her mother for allegedly misusing money the actress had been sending home for the care of her brother, according to People magazine. Instead, Constance Meester was allegedly using the \$7,500 a month for cosmetic procedures and other personal



expenses. "This whole thing's been really tough on Leighton," a source says. "Her only concern has always been taking care of her brother." The suit claims that Constance threatened to sue Leighton for \$3 million if the actress didn't raise

the monthly allowance to \$10,000.

New divorce papers for Arnold

Arnold Schwarzenegger reportedly refiled divorce papers, with the new documents not blocking Maria Shriver's requests for spousal support and to have her attorney's fees covered, according to TMZ. Sources say Schwarzenegger signed the initial response without reading it, not realizing his lawyers had moved to block Shriver's requests.



Checking in with some of Hollywood's biggest names to see what they've been up to - in their own words, in 140 characters or fewer.

Today, Arnold Schwarzenegger is waiting for his son to recover, Alec Baldwin is thinking about aging and Gary Shandling is worried about the economy.

Aschwarzenegger

Thanks for all your support for Christopher. It means a lot to me & to him. He's doing much better & we'll have him back at full speed soon.

▶ AlecBaldwin The older I get, the

less young I feel.

▶ @GarryShandling I thought America's debt crisies might be

exaggerated, but I opened up a fortune cookie the other night, and it said. "We own you."









Winehouse's funeral and other celebrity spectacles

1: Katherine Jackson, La Toya Jackson, Tito Jackson, Jackie Jackson and Marlon Jackson held a press conference on Monday announcing a tribute concert honoring Michael Jackson to be held in Cardiff, Wales, on Oct. 8. No performers for the event were revealed. After the conference, Jermaine and Randy Jackson issued their own statement, saying the family should be focusing on the upcoming manslaughter trial surrounding Jackson's death — not planning a concert.

2: A beehived Kelly Osbourne joined Amy Winehouse's family and loved ones at London's Edgwarebury Cemetery yesterday for Winehouse's funeral.

3: Ryan Reynolds and Peter Sarsgaard attended the "Green Lantern" Germany premiere on Monday in Berlin. 4: Having a blue ball: Neil Patrick Harris, Hank Azaria and Jayma Mays attended the New York Smurf Week kickoff ceremony at Smurfs Village at Central Park on Monday.

5: Lang Lang performs during the iTunes Festival on Monday in London.

6: A svelte Kirstie Alley arrives for the "Late Show With David Letterman" on Monday.

7: Tony Bennett performs at the Palms Casino Resort on Sunday in Las Vegas. Bennett will release his new album, "Duets II," in September.

2: CERIS JACESONJEETTY DRAGES 3: ANDREAS RENTZJEETTY DRAGES 4: CINDY ORDJEETTY DRAGES 5: C BRANDONJREDFERNS



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"Deadliest Warrior" pits history's greatest fighters against each other to determine who is the fiercest foe of

all time. On tonight's episode, weapons maker David Baker

and the other experts test Joan of Arc — the series' first

female warrior — against William the Conqueror.

Tune in tonight at 10 on Spike TV.

Deadliest weapons

• Expert weapons maker David Baker on his favorite tools of the trade in the third season of 'Deadliest Warrior' • What's on tonight's episode

The weapon

George Washington's Colichemarde

Time period it was used/ people who used it: 1680 -1820; This was George Washington's inaugural sword. It's one of the few combination swords that works well. It is a small sword, but works well in defense of heavier weapons. You have a wide section of blade near the handle where you can deflect a heavy weapon, but you can also use the thin, sharp tip of the weapon for a longer range thrust.

Level of difficulty to make: Extremely high. Grinding a

blade that thin without ruining the temper of the blade is difficult, not to mention needing to create a blade that is stiff enough to use but flexible enough so it won't break. Level of difficulty to wield: This sword should be used by an expert swordsman - it takes a lot of study to use. It's not a cutting sword, but a point-oriented sword.

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long pedigree.

Deadly factor: In the hands of

the right person, very. It's an

incredibly fast weapon with a

The weapon

Hernan Cortes' **Spanish Halberd** or Albarada

Time period it was used/people who used it: It's a pole with a concave axe blade on one side; a hook on the other and a 24-inch spike on the tip. It's designed for multiple uses — the tip is used for holding people off and stabbing at a distance with the long point at the front; the axe edge is for cutting or hacking when you're fighting someone with armor; the hook on the back is used to pull people from their feet or down from horseback; if you swing it at someone, then the hook on

the back can be used like a war hammer.

13

Level of difficulty to make: High. It's a balancing act since it's got a long blade and multiple bladed surfaces, you

usually make cutouts to lower

to be attached to a pole. Level of difficulty to wield:

the weight, but it still needs

It's a big weapon, so that's the major downfall - in confined spaces, you can hold someone off, but you can't do much more than that.

Deadly factor: Weapons like this have been used for hundreds of years - if it's lasted that long, it means it's pretty deadly and effective.



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 Shockwave Therapy PRP (Platelet Rich Plasma) As seen on the front page of The New York Times

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- I have numbness and burning in the area of my 3rd and 4th toes when wearing shoes.
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TV watch list

'E! True Hollywood Story: Snooki'

REALITY. You just haven't arrived in Hollywood until you've got one of these babies to your name. Congrats to Nicole Polizzi and her pouf. 10 p.m., E!

'Hot in Cleveland'

COMEDY. Victoria's daughter Emmy - guest star Jennifer Love Hewitt - writes a tellall. Maybe next she'll get her own "True Hollywood Story" too. 10 p.m., TV Land O AMBER RAY

MTV2 must-see

Fierce beauties from the East and West collide this Saturday at the 2011 Lingerie Football League All Fantasy Game. This is no powderpuff - it's full-contact tackle, played by some of America's most beautiful and athletic women. Catch all of the intense 7-on-7 action live Saturday at 9 p.m., only on MTV2.

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Butler caught in the act with 'Red Rocks' album

(It was a big deal to play there for us,' says leader of Aussie jam band John Butler Trio O Group fell in love with the space more than the legacy

U2, Dave Matthews Band and Stevie Nicks have all released live albums from shows they played at the historic Red Rocks amphitheatre in Colorado, but that's not why the John Butler Trio decided to put out their recent "Live at Red Rocks" CD/DVD package.

"It was a big deal to play there for us," says frontman John Butler. "We wanted to capture that moment in time, because it's such an iconic venue. And if it was good enough, we wanted to share it with all of our fans."

The Trio's 2010 concert there instantly became a career benchmark for the Australia-based jam band as their biggest headlining show to date. Butler says it was the venue's natural acoustics and visual unique-

egendary artists like ness that attracted him not the big names that had already recorded there.

"It's a no-brainer that at some stage you should record a live album at Red Rocks," Butler says of Colorado's majestic amphitheatre. "The other recordings are definitely inspiring moments in time, but even if they didn't exist we still would have done it."

While JBT was not trying to follow in anyone's footsteps with their "Red Rocks," this isn't to say that other bands do not influence his music. In fact, Butler routinely incorporates different styles into his own music, refusing to settle on just one genre.

"I feel like the rhythms are all related, and they all can get along, they all can dance together," he says. "So I can't just pick a



Rolling with

the muse

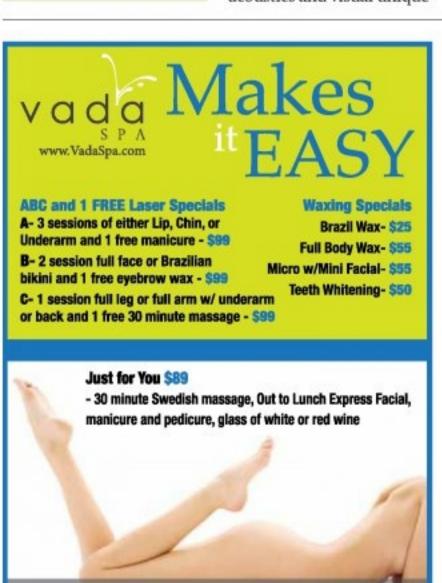
Writing on the road, John Butler can't necessarily predict when and where the proverbial muse will appear. But when it does, he takes full advantage.

"It's such a strange and wild little beast that I don't really understand," Butler says. "All I know is that I have a deep respect for it. And I just try to do the best when it comes to me. A song is not really mine - I try to stay humble to that."

genre. I want to play all the styles I love."

John Butler Trio Tonight and tomorrow, 7 p.m. Terminal 5, 610 W. 56th St. \$30.50, 800-745-3000 www.ticketmaster.com

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myentertainment

Jill Scott is No. 1 in 'The Sun'

◆ The soul singer on returning to music, celebrating her Block Party tour and 'the best time' of her career

Jill Scott credits old-fashioned home training with keeping her ego in check.

"My grandmother Blue taught me very early to not get involved in that mentality where you are put on a pedestal," she says. "Because people on pedestals fall, and fall hard."

After her own successful HBO series and starring in a Tyler Perry movie or two, the Grammy winner might be putting those skills to use more than ever now. She's back to her first love, music, scoring her first No. 1 album with her new set, "Light of the Sun." Now as the headliner of The Jill Scott Block Party, she's bringing her soulful sound to a venue near you.

If you go

The Jill Scott Block Party Tonight, 7 Nikon At Jones Beach Theater, Wantagh, NY \$40-\$177, 516-221-1000 www.livenation.com

This show is more than just a concert. It feels like a big event.

It's a whole bunch of fun with live musicians and great vocalists. I wanted to hear Stokely (of opening act Mint Condition) and Anthony Hamilton sing every night. Also I really enjoy hip-hop and nobody is better than DJ Jazzy Jeff. I reached out to him and that's so full circle. He's the one who was instrumental

in putting me out in the first place. And then who's better to keep the party live than Dougie Fresh?

Why did you go with the Block Party concept?

A block party is always a good time. Not a lot of pretense. You're going to see the people in your community and have fun. I like that kind of energy.

What do you think the tone of this new record is?

Freedom. We didn't know what we were going to do. It just happened. It's been the best time of my career. I know how I really enjoy creating. I don't want to be in an environment where its "Let's make hits." What's that? That's work. That's an agenda. This is music.



Scott's slim secrets

A lot has changed for Scott over the past few years. A new label deal and a 60-pound weight loss were all parts of a plan to set a good example for her toddler.

"I want to be around for him," she says.
"There's something about having a son particularly that put another level of fire under my bones. I just want to show him how to do the best you can. That's a good early lesson for him from me. I want him to be proud."



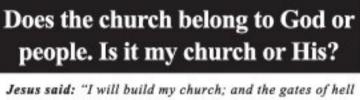


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Jesus said: "I will build my church; and the gates of hell shall not prevail against it ... I will give you the keys of the kingdom of heaven: and whatever you bind on earth shall be bound in heaven: and whatever you loose on earth shall be loosed in heaven." Matthew 16:18-19

The Bible calls it the church of God and the church of Christ. As long as it is governed and guided by God's word, it remains His church. As soon as people assume control and determine doctrine, morals, faith and practice it ceases to be God's church. Christ is head over all things to the church (Ephesians 1:22-23)!

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Beauty pick

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Messing with perfection

The Body Shop just upgraded its classic Body Butter moisturizer with a snazzy new tub.

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3. Kiehl's Close-Shavers Squadron

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4. Kyoku SKN-SHV 902 shave cream

The boozers out there will love this one. Yes, it's infused with sake - the Japanese drink derived from rice. But jokes aside, it makes for a clinically close shave.

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mywellbeing

Secrets to living happily ever after

Celebrities shouldn't be your role models, says Metro's resident therapist, Jonathan Alpert • How you can cultivate long-lasting love

No more drama JONATHAN V.JONATHANALPERT.COM

s long as there are marriages, there will be those that work and those that don't. Hollywood is not immune from such phenomena, so don't look toward them as role-models. There are things you can do to ensure a healthy relationship, even through differences and difficulties. These are my tested tips that have helped countless couples in my practice.

The question Is there such a thing as a happy marriage

Maria Shriver and Arnold Schwarzenegger, Scarlett Johansson and Ryan Reynolds, and now Jennifer Lopez and Marc Anthony - need I say more? Seems every marriage fails eventually, so what's the point? So many of my friends are separated, divorced or fighting - and it's really hard to remain optimistic about marriage. What are secrets to a healthy marriage?

these days?

Define a healthy marriage. If you wanted to open a coffee shop, would you model it after the dingy one on the corner or a thriving Starbucks? Rather than focus on botched relationships, look at what works.

Enter the marriage 100 percent committed - without the divorce option. In relationships that stand the test of time, couples are entirely focused on keeping it and doing what's necessary to maintain it.

Disagreements are normal; they don't mean the end of a

Sweet dreams

At bedtime, hold each other. Make sure there are hugs, kisses and touching in your relationship. And finally, be imaginative in the bedroom and have fun.

relationship. Look at the big picture and ask yourself: Is it worth it to win the battle but lose the war? Accept certain things about your partner. Sure, it may annoy you that she burns the toast

- but in the end, does it really matter?

Focus on what binds you, not what separates you. You originally got together because of commonalities, not differences. Keep that focus while maintaining a sense of autonomy. The best relationships are those where he does his thing, she does hers, and then they come together and enjoy.

Take time out when there are arguments or fights. Rarely are issues resolved in the heat of battle, so walk away and agree to come together

when things calm down. Examine your intent. Is it to hurt the other person or

work toward a compromise? Avoid absolute words such as "always" or "never," as they seldom lead to a constructive conversation. Plan a date night. Have it in place early in the week so you can look forward to it.

 Jonathan Alpert is a licensed psychotherapist. E-mail him your questions at jonathan@jonathanalpert.com

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Answers to some burning summer health questions

We called on Dr. Joshua M. Kosowsky for solutions to warm-weather ailments • How to protect yourself

Why do mosquitoes pick and choose their victims? Troubled by swimmer's ear? Metro asked Dr. Joshua M. Kosowsky, clinical director at Boston's Brigham and Women's Hospital's ER, about common summer health problems.

Why do mosquitoes bite certain people and not others?

No one really knows. Scientists have suggested that mosquitoes are attracted to

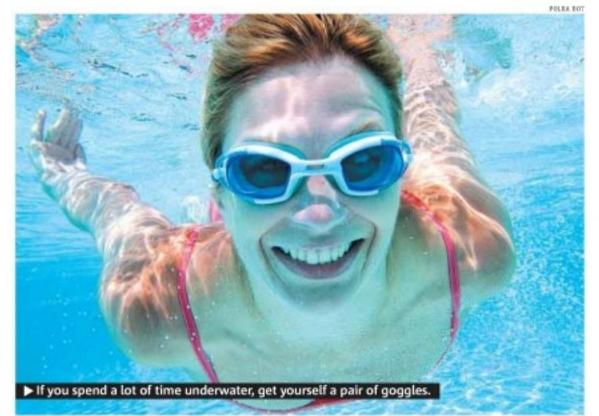
What's the best thing to put on sunburned skin?

There are no topical agents that have been shown to speed recovery, but aloe vera can help with sunburn symptoms. Cool soaks with Burow's solution (available in most drugstores), or with equal parts milk and water, can also provide temporary relief.

higher body temperatures, higher levels of carbon dioxide in the breath or even certain blood types.

What exactly is swimmer's ear and what can people do to prevent it?

Swimmer's ear is inflammation of the outer ear, caused by water getting trapped in the ear canal. You can usually keep this from happening by turning your head from side to side until any sense of fullness or hearing impairment is gone. It is es-



pecially important to not put anything (like a Q-tip) into the ear canal itself, because this can damage the lining of the ear canal and cause more inflammation. Can swimming with your eyes open underwater, especially in a chlorinated pool, cause

Prolonged exposure to any kind of water will have the effect of drying out your eyes, which is irritating. If your eyes become irritated after swimming, rinse with cold water and use eyedrops to keep them moist.

There's no long-term eye damage from swimming occasionally with your eyes open. Still, if you are swimming regularly, it's a good idea to use swim goggles.







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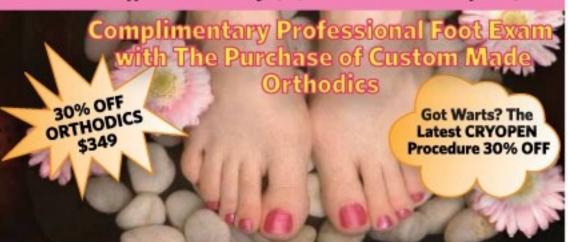
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Today in medicine

Height and female cancer risks

Study subjects: 1.3 million

middle-aged women Location of study: U.K. Results: CNN reports that, according to a new study published in the journal Lancet, "The taller a woman is, the greater her risk of developing one of 10 different cancers." Quoting the Oxford University study, the article says "the tallest group (women 5 feet 9 or taller) were 37 percent more likely to develop cancer than the shortest group (women 5 feet and shorter) regardless of factors such as age, socioeconomic status, bodymass index and amount of physical activity."

Significance: CNN quoted the report as concluding,

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"taller people have more cells, and thus a greater opportunity for mutations leading to malignant transformation."

Simple steps to avoid Alzheimer's

Study subjects: Various adults

Location of study: Global Results: MSNBC reports that "Up to half of Alzheimer's disease cases worldwide are potentially attributable to seven preventable risk factors ... Alzheimer's cases could be reduced if people quit smoking, increased their physical activity, enhanced their mental activity, controlled their blood pressure and diabetes, and managed their obesity and depression."

Significance: "While these seven factors may contribute to the development of Alzheimer's, none of the factors have been

shown to cause the disease," the article concluded.

Circumcision and HIV infection

Study subjects: Adult males Location of study: Africa Results: "A circumcision campaign in a South African township cut new HIV infections among the treated men by 76 percent," reports The Los Angeles Times. "The simple operation provides a way to make major inroads in the HIV transmission rate in countries where the infection rate is very high." Significance: Circumcision could be a cheap, effective way to control HIV/AIDS in third-world countries.

O COMPILED BY LINDA CLARKE

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Letters

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Not a game, Mr. President

Dear Mr. President: You do not know me or the other 7 million people who live on social security, disability and veterans checks. You say you can't guarantee our August checks. Quit playing chicken with the American people. JACOB J. TAYLOR, VIA E-MAIL

Hypocrisy in our midst

I do not appreciate how businesses are trying to gain profit off of samesex couples. All I see are advertisements for LGBT

honeymoons, wedding items, cards, etc. Where was the support before? DIANE BITLER, VIA E-MAIL

The holy rollers opposed to gay marriage have filed a lawsuit to "Prop 8" New York's new law. How do these people justify the money they will need to spend on their latest attempt to crush civil rights of others?

ROBERT C. YUKNAVECH, NEW YORK

According to the Bible, "God" doesn't want gay marriage. I find that interesting because "God" also doesn't want people to steal, cheat or kill - yet every news story I've read

this weekend has had religious people doing exactly those things. NICK LEDESMA, VIA E-MAIL

Believe what you want

RE: "WHY ARE MY VIEWS SO SMALL?": Everyone is entitled to their opinions and how they want to live their lives. Believe in what you want, just don't meddle in my business. MARC BATISTA, VIA E-MAIL

You're comparing commitment to sex, and they are two different things. Marriage does not mean "procreation." You can have

choose not to procreate. TIM MALLOY, VIA E-MAIL

kids outside of marriage,

and married couples can

Letters reflect your beliefs

RE: "SOME BACKLASH FROM THE RIGHT": In regard to the Metro being a Marxist or a Democratic Party rag, Metro puts a few Democratic views in one day and a few Republican views in the next. MIKE DISCOLO SAUGUS, VIA E-MAIL

The joke's on all of us

I find it hilarious that W. Bush tricked the entire country into forming "Homeland Security" and Republicans complain about "big government." JON HAYES, VIA E-MAIL

Horoscope

Ω Leo July 23-Aug. 22. Someone you recently met is unable to make up his or her mind about you. Make sure that person sees someone who'll be a friend.

10 Virgo Aug. 23-Sept. 22. The one time when you should let your heart rule your head is when you're contemplating doing something charitable. Think of it as an opportunity. Libra Sept. 23-Oct. 23. You might want to take a little extra time to preen and primp if you're going to a social function. There is a good chance you'll run into someone you'd like to impress.

M Scorpio Oct. 24-Nov. 22. It isn't likely that you'll have to do anything special in a romantic involvement that includes a bit of competition. Be yourself; Cupid has your back.

Sagittarius Nov. 23-Dec. 21. Think of anything foreign as an opportunity waiting to be developed. There's a good chance you'll be more fortunate with goods and/or people who come from a distance.

Capricorn Dec. 22-Jan. 19. Don't be reluctant to make your needs known, because for no special reason at all, people who like you will be eager to do you a favor and help you out as best as they can.

Aquarius Jan. 20-Feb. 19. If you've been too busy of late to be as attentive or affectionate to your mate or special someone, it's a good day to make amends and do something nice for that person.

H Pisces Feb. 20-March 20. Working on a labor of love could turn out to be enormously gratifying for you. Don't waste your time on dumb things that don't offer rewards.

T Aries March 21-April 19. Get all the messy stuff out of the way early, so that you'll be able to get out later on. You can only stay in one place for so long.

Taurus April 20-May 20. If you want to invite some friends over, you'd be better off doing so in either late afternoon or early evening. By then, most people have gotten the important stuff out of the way.

II Gemini May 21-June 20. Get off of your hammock or out of your easy chair and move around as much as possible. You're one of those people who need physical activities to make you feel peppy.

Gancer June 21-July 22. You're in a cycle, albeit brief, where your financial and material aspects are likely to be advanced. You could even receive something of value from a person who likes you a lot.

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Across

- 1 tiger 7 Tattoo word
- 10 Cow's bellow
- 14 Familiar threat (2 wds.)
- 15 Distinct period
- 16 Yearn for 17 Give, as time
- 18 World Series mo.
- 19 Math subj.
- 20 Nature hobby
- 23 A Muppet 26 Unseld of the NBA
- 27 Carnival attractions
- 28 Blow the whistle
- 29 Fellow
- 30 Coq au 31 Maria
- 32 Flat-needled tree
- 33 Emperor_
- 37 USN officer 38 Pixie
- 39 Not decaf.
- 40 Roman 1101 41 Echoes
- 43 Unfold, in poetry
- 44 Quagmire
- 45 Half a couple
- 46 Family docs 47 Russo of "Tin Cup"
- 48 Rocky debris 51 Unisex wear
- 52 Impaneled one 53 Cumulonimbus
- 56 Watermelon part
- 57 __ it up (have some laughs)
- 58 Leave the space station 6 Lascivious look
- 62 Gigi's friend
- 63 Kind of system
- 64 Hi-fi
- 65 Make one's way
- Moines 67 Filled highway cracks Down
- 1 Build, slangily

- 63
- 2 Previously 3 Reno loc.
- warming 5 Buzzing about
- 7 Caterwauled 9 Actor Damon
- 10 Washing
- 11 Bitterly pungent 12 Complain
- 13 Pantyhose brand 21 Overshadows
- 22 Shrink from 23 Mink cousin
- 24 Trawler net 25 Barrette
- 29 Happy tunes 30 Prez stand-ins
- 8 Black-and-white whales 32 Was apprehensive 33 Launch
 - 34 Earth pigment 35 Image, in combos

36 Timbuktu's river

42 Corrected a text

46 Sticky_footed

- lizards
 - 48 Horse's bedding 49 Ring
 - (hyph.) 51 Cease-fire
 - 55 Supplant 59 Ice hockey great
 - 47 Stern steerer
 - 50 Minor quarrel
 - 52 Coup plotters 54 Gave the once-over
 - 60 So-so grade 61 Down for the count

8 5 3 1 6 4 7 3 2 6 2 1 8 9 4 2 5 3 8 8 1 5 6 8 7 8 2 7 1 9 4

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MLS ALL-STAR GAME — 8:30 p.m. (ESPN2) — RED BULL ARENA

Reasons to watch

Metro tells you why MLS All-Star Game is the best ◆ Forget MLB, NBA or NFL — this game really matters

It means something

We get it. Baseball's take on the All-Star Game decides home-field advantage, meaning that there will be a difference this fall between playing in the bandbox known as Citizens Bank Park or the bandbox

> known as Fenway. But in the MLS,

which usually features the league's best 11 against a foreign club, they carry the pride of the league on its shoulders.

This year, the MLS side plays Manchester United, the English Premier League champions and one of the top teams in the world. It is an opportunity to showcase the best players in MLS against a storied team.

That means far more to a player on the MLS roster than home-field advantage in the World Series means to a player 10 games out.

A diverse offering of styles

In the NBA All-Star Game and certainly in the Pro Bowl — defense is a dirty word. The star-studded games are dominated by



windmill dunks or long touchdown passes. Every trip down the court, every

pass, they try to make a highlight reel play. It grows tiresome by the end of the first quarter.

But with the MLS, there will be a meshing of styles and personalities all forced to work to-ALL-STAR gether against Manchester United. Red Bulls star Thierry Henry will become teammates with Revolution rival Shalrie Joseph for one night. It makes for a unique blend of talents and skill where no one wants to get shown up.

The emerging stars

Landon Donovan scored four times in the 2001 All-Star Game, one year before he became a star in the World Cup, to help estab-

lish himself as a true star on the rise. Then there

was MetroStars goalkeeper Tim

Howard, who played superbly in goal despite the 6-6 scoreline from that wild game. Donovan has gone on to be the most talented American player

ever developed and Howard, playing in the English Premier League, is one of the top goalkeepers in the world.

The MLS All-Star Game has a tradition of young players emerging on the grand stage, and this year could be Red Bulls forward Juan Agudelo, who was hand-picked by league commissioner Don Garber to play.

3 things to know

Now that you know why to watch, it's important to understand what you are watching when you tune in. Or you can just try to impress your friends at the bar.

- Don't expect MLS to win It will be tough for New York head coach Hans Backe, the MLS All-Star coach this year, to mesh this team together with one practice. The English champions should win, especially as their payroll dwarfs the combined salaries of the MLS side.
- Don't turn off the set Frustrated by Manchester United's lead at halftime? Don't bail like many at the pub. They will begin making subs in the second half and the MLS bench should be an advantage.
- Plenty of smiles Manchester United played the MLS side last year and plenty of players between these two teams know each other.





Quoted



"It's never easy coming up against Manchester United, no matter where you play in the world."

DAVID BECKHAM, ON PLAYING HIS FORMER TEAM

PUBLIC NOTICE

NOTICE OF A JOINT PUBLIC HEARING of the Franchise and Concession Review Committee and the New York City Department of Transportation ("DOT") to be held on Monday, August 8, 2011, at 125 Worth Street, Borough of Manhattan, commencing at 1:00 pm relative to:

INTENT TO AWARD as a concession a Sole Source License Agreement (" Agreement") to the Fulton Mall Improvement Association ("FMIA"), whose address is 15 Metro Tech Center, 19th Floor, Brooklyn, NY 11201, to provide for the operation, management, and maintenance of a pedestrian plaza located on Dekalb Avenue between Fulton Street, Bond Street and Albee Square in Brooklyn ("Licensed Plaza"), including through DOTapproved events, sponsorships, and subconcession(s), including but not limited to providing for the sale of any of the following: prepared food, flowers, locally grown produce or locally manufactured products, merchandise (such as souvenirs or T-shirts) that helps brand or promote the neighborhood or FMIA, and other similar merchandise within the Licensed Plaza. Subconcessions would be awarded based on solicitations issued by FMIA in the basic form of a Request for Proposals or Request for Bids, subject to DOT's prior written approval of both solicitation and award. FMIA will be required to invest any revenue generated by this concession into the maintenance, repair and/or improvement, including reasonable administrative costs, of the Licensed Plaza.

The Agreement will provide for one (1) five-year term, commencing upon written Notice to Proceed, with four (4) one-year renewal options, exercisable at the sole discretion of DOT.

LOCATION: A draft copy of the Agreement may be reviewed or obtained at no cost, commencing August 1, 2011 through August 8, 2011, between the hours of 10am and 4pm, excluding weekends and holidays at the NYC Department of Transportation, located at the NYC Department of Transportation, Office of Franchises, Concessions and Consents, 55 Water Street, 9th Floor, NY, NY 10041.

Individuals requesting Sign Language Interpreters should contact the Mayor's Office of Contract Services, Public Hearings Unit, 253 Broadway, 9th Floor, New York, NY 10007, (212) 788-7490, no later than SEVEN (7) BUSINESS DAYS PRIOR TO THE PUBLIC HEARING.

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PUBLIC NOTICE

NOTICE OF A SPECIAL JOINT PUBLIC HEARING of the Franchise and Concession Review Committee and the New York City Department of Transportation ("DOT") to be held on Monday, August 8, 2011, at 125 Worth Street, Borough of Manhattan, commencing at 1:00 pm relative to:

INTENT TO AWARD as a concession a Sole Source License Agreement (* reement) to the Meatpacking Improvement Association, Inc. ("MPIA" whose address is 111 Eighth Avenue, 15th Floor, New York, NY 10011, to provide for the operation, management, and maintenance of a pedestrian plaza located at Ninth Avenue from Gansevoort Street to 14th Street in Manhattan ("Licensed Plaza"), including through DOT-approved events, sponsorships, and subconcession(s), including but not limited to providing for the sale of any of the following: prepared food, flowers, locally grown produce or locally manufactured products, merchandise (such as souvenirs or T-shirts) that helps brand or promote the neighborhood or MPIA, and other similar merchandise within the Licensed Plaza. Subconcessions would be awarded based on solicitations issued by MPIA in the basic form of a Request for Proposals or Request for Bids, subject to DOT's prior written approval of both solicitation and award. MPIA will be required to invest any revenue generated by this concession into the maintenance, repair and/or improvement, including reasonable administrative costs, of the Licensed Plaza.

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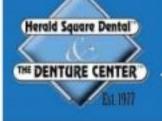
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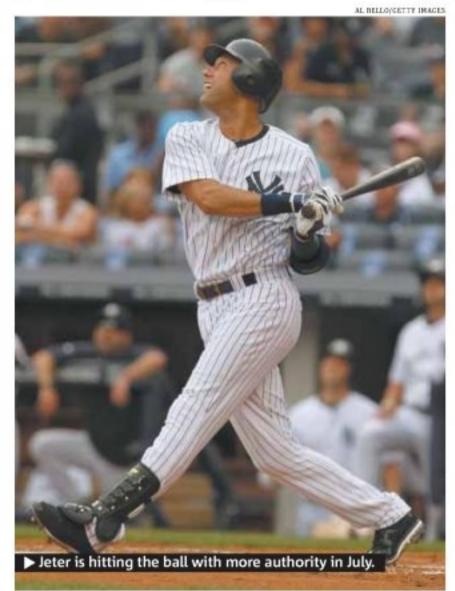
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Jeter getting back in a groove at plate



• Just a couple weeks off the DL and the captain is a whole new hitter • Girardi no longer hearing questions whether to drop him in lineup

If you think Derek Jeter is driving the ball in the air more, your eyes are not deceiving you.

Since returning from the DL, not only has Jeter been hitting the ball well, but those hits are reaching the outfield. It was evident when his 3,000th hit was a home run and again Monday when he drove the ball to right-center field against Jason Vargas.

"For me, it's more how I take pitches," Jeter said. "I can tell if I'm staying back, taking pitches and swinging at good pitches and I felt as though I've been doing that for the last few weeks. I'm happy with where I'm at right now."

The average amount of pitches seen per game is the same as before and after the injury at 17.5, but there

have been six instances above that average, including Sunday when Jeter saw 30 pitches.

Not only does manager Joe Girardi notice it, but he's noticed it's coming on all pitches.

"We have seen that," Girardi said. "I thought that started in Texas, but since he's come back we've seen it even more."

Since returning July 4 in Cleveland, Jeter is batting .324. Nine of his 23 hits

have been for extra bases.

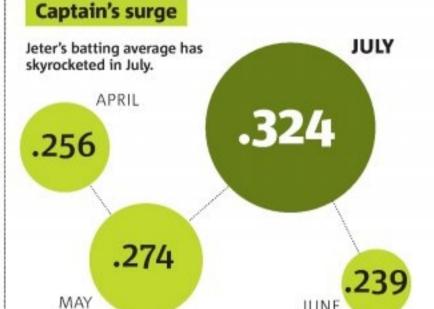
Before injuring his calf running out a ground ball against Cleveland on June 13, Jeter was a .260 hitter facing questions about how long he should be a leadoff

"I've been asked those questions a lot [this season]," Girardi said. "A month ago, I would have said don't bet against Derek Jeter."

Teammates say sometimes a DL stint isn't so bad.

"Sometimes, a little DL stint is good for you," Mark Teixeira said "It's a grind and we work all the time to prepare for a long season so when you do get two weeks off, you come back refreshed."





Jets get down to business

business of football yester-

building on consecutive AFC championship game appearances with a team that, despite many potential holes due to free agency, is a condo it.' tender for the Super Bowl.

The Jets returned to the hopefully. We feel very strongly that we can do that and we feel the same They have hopes of way," tight end Dustin

Keller said. "As Rex said, we are going to win the Super Bowl and we have all the ability in the world to

Due to the lockout and "Well, we have been the restrictions on using there twice and they say team facilities, there were third time is a charm so no offseason workouts, or-

ganized team activities or a minicamp. This meant that the Jets were in the same position as every other team in needing to police themselves and form their own offseason plans independent of the team and coaching staff.

While they couldn't put on pads, the Jets are confident that they're entering camp in some of the best physical shape of their lives. O KRISTIAN DYER

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ESPN is reporting the Giants have been in discussions to sign free agent wide receiver Plaxico Burress.

Burress played for the Giants before going to jail for two years on a gun possession charge.

The Giants also announced yesterday they would cut veteran offensive linemen Shaun O'Hara and Rich Seubert. O METRO







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* * Owner Harry 917-600-8040 * * AAA CONDITION ST ALBANS 2 for 1 det. 6/6, 5 fbths, 3 kits, full fin

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FT LEE * CO-OP * 10 mins to Manh Huge 2 BR, 7 rm, 2 full Ba, LR, DR, Den Office, Renov Elik, Huge Terr. Gym, Pool, Eley Bldg, 247 Drmn. CC TV, Prkg, Nr H.S., N°C Transp & Shops, \$160K, Owner 201-280-08/2

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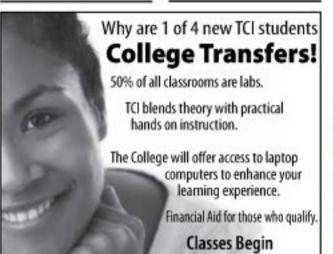


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Market watch



\$199K

30 W. 119th St.
The cheapest unit to hit the market this week is a one-bedroom co-op at 30 W. 119th St. A full-floor apartment, with hardwood floors and three months of free maintenance, it's listed by Torrence Real Estate for \$199,000.

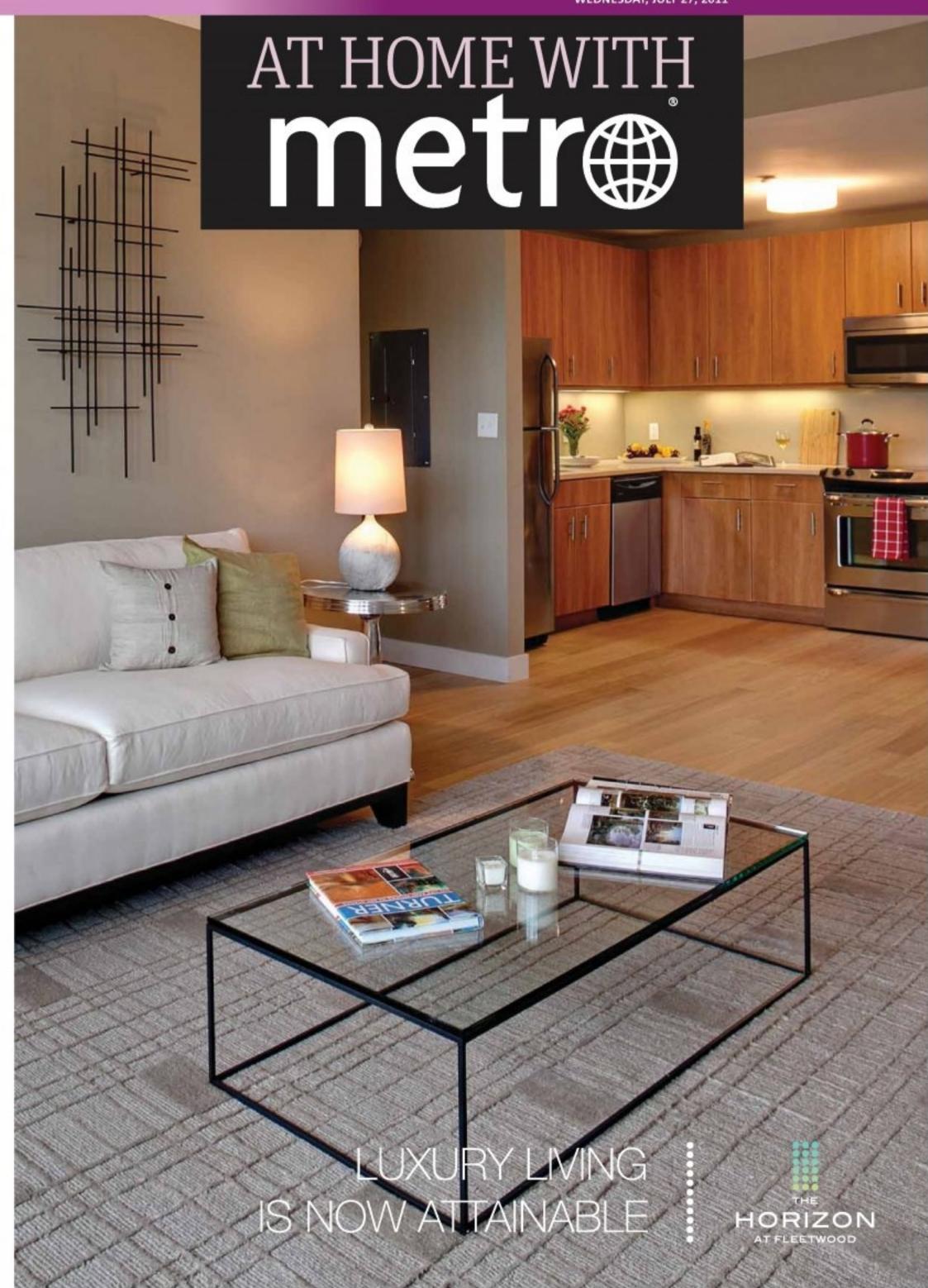


PRICIEST \$19.5M 135 E. 15th St.

The most expensive property this week is a five-bedroom mansion at 135 E.
15th St. The Gramercy Park-based 25-foot building, with an elevator to each floor and a roof terrace, is listed by Corcoran for \$19.5M.

STREET

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he Horizon at Fleetwood, an upscale 70-unit condominium, offers buyers their choice of one or two-bedroom residences. The Horizon includes a full-array of amenities such as a state-of-the-art fitness center with outdoor patio, concierge, library and lounge with fireplace, rooftop terrace, three levels of indoor parking, and sweeping views of surrounding Westchester County. Each home comes with its own deeded parking space.

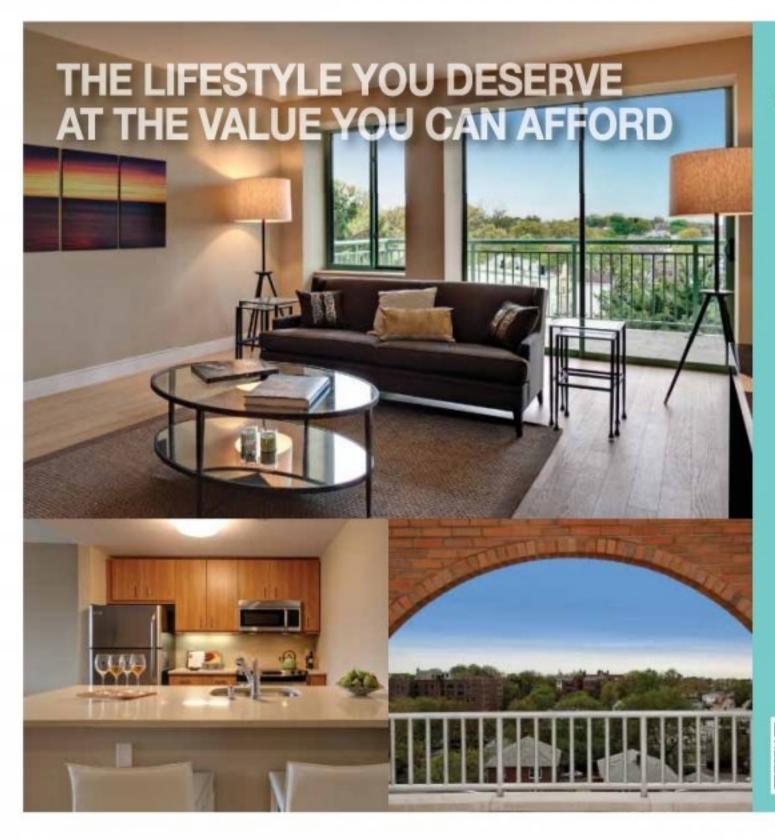
Located at 550 Locust Street, The Horizon is in the heart of Fleetwood and within walking distance to Gramatan Avenue with easy proximity to New York City. The Fleetwood Metro-North station is just a few blocks from Horizon and the Bronx River Parkway, Cross County Parkway, Interstate 87, Saw Mill River Parkway and Sprain Brook Parkway are all within easy reach.

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Sponsor: 550 Locust Development Partners, LLC, 335 Center Avenue, Mamaroneck NY 10543. This advertisement is not an offering. The complete offering terms are in an offering plan available from the sponsor. File No. CD 110018. "Payment is based on a 4.5% 30 Year Fixed Rate FHA Mortgage (5.368% APR) and includes principal/interest, taxes, insurance and monthly HOA. Rates and terms subject to change. Available to qualified houses only.



Contact Russ at

Rgoldshine@zabars.com

or Call him at 212-787-2000, ext.109

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Madison/Putnam Sponsor LLC is pleased to announce that applications are now being accepted for 47 affordable housing rental apartments now under construction at 924 & 926 Madison Street, and 1007, 1013, 1023, 1052 & 1054 Putnam Avenue in the Bedford-Stuyvesant section of Brooklyn. These buildings are being constructed through the Low Income Rental Program of the New York City Department of Housing Preservation and Development (HPD). The size, rent and targeted income distribution for the 47 apartments are

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	30000	2	\$494	\$18,789 - \$26,200
5	2 Bedroom	2	\$597	\$22,389 - \$26,200
		3	\$597	\$22,389 - \$29,480
		4	\$597	\$22,389 - \$32,720
2	3 Bedroom	3	\$690	\$26,057 - \$29,480
		4	\$690	\$26,057 - \$32,720
		5	\$690	\$26,057 - \$35,360
		6	\$690	\$26,057 \$37,960
10	1 Bedroom	1	\$810	\$29,623 - \$34,380
	17/10/2017 (0.417	2	\$810	\$29,623 - \$39,300
22	2 Bedroom	2	\$976	\$35,383 - \$39,300
		3	\$976	\$35,383 - \$44,220
		4	\$976	\$35,383 - \$49,080
5	3 Bedroom	3	\$1,127	\$41,040 - \$44,220
		4	\$1,127	\$41,040 - \$49,080
		5	\$1,127	\$41,040 - \$53,040
		6	\$1,127	\$41,040 \$56,940

Qualified applicants will be required to meet income and family size guidelines and additional selection criteria to qualify. Applications may be downloaded from www.madisonputnam.com or by mail from: Madison/Putnam Sponsor LLC, C/O The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418. Please include a self-addressed envelope with your request. Completed applications must be returned by regular mail only (no priority, certified, registered, express or overnight mail will be accepted) to a post office box umber that will be listed with the application, and must be postmarked by September 23", 2011. Applications postmarked after September 23", 2011 will be set aside for possible future consideration. Applications will be selected by lottery; applicants who submit more than one application will be disqualified. Preference will be iven to New York City residents. Current and eligible residents of Brooklyn Community Board 3 will receive preference for 50% of the units. Eligible households that include persons with mobility impairments will receive preference for 5% of the units; eligible households that include persons with visual and/or hearing impairments will receive preference for 2% of the units; and eligible City of New York Municipal imployees will receive a 5% preference.

"Includes gas for cooking "Income guideline subject to change



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Department of Housing Preservation and Development MATHEW M. WAMBUA, Commissioner

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60% of Metro readers rent their current homes.

Source: Scarborough R2 2010



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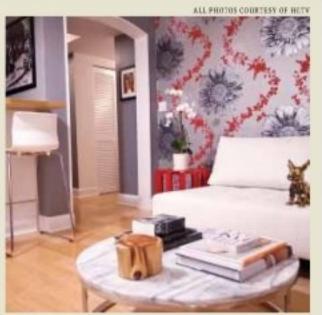
Miami

Mark Diaz, 33

"Bold patterns and vibrant colors blend with the tropical allure of Miami's natural beauty in this bayside condo."







Urban living coast to coast

Contestants on this season's 'HGTV Design Star' show off their own spaces and tell us how their style is influenced by their hometown



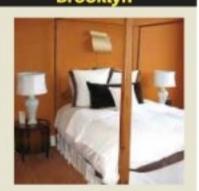
Doug Hines, 44

"Decorating in my city, Atlanta, is especially fun when you take advantage of the warm climate. I purchased my brick and stucco ranch (built in 1950) four years ago. The lines and architecture is very modern for a 1950 design. I even have pink flamingos on my lawn for a retro, whimsical touch! I had the house painted all white to convey a tropical, midcentury vibe."



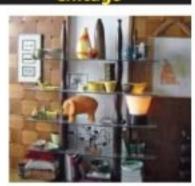
Leslie Ezelle, 43

"The home is a 1950s ranch-style home, extremely common in Dallas. The kitchen was redone to go back to the L-shaped format [for which] these ranch-style homes are known. This kitchen is reconfigured from a bar that protruded into the space to an open floor plan to increase the working space. New quartz counter-tops with metallic-gray cabinets give the kitchen a contemporary look."



Cathy Hobbs, 42

"Often in New York, apartments come as a blank canvas, a white box with white walls. I believe in infusing bold, brilliant color into a space as much as possible; so in my own master bedroom, I painted all of the walls pumpkin orange, my signature color, and then paired it with crisp, bright white and chocolate brown. My advice is to select only your favorite things and seek inspiration there."



Kevin Grace, 42

"As a designer, one of the most influential opportunities one can have is to live in a metropolitan city like Chicago. There are many different places I like to go to be inspired. If I were to sum up 'How does Chicago influence my design style,' I would have to say it's by far the architecture. 'Old mixed with new' is the basis for my design approach in almost everything I create."

Local color

While filming, the 12 "HGTV Design Star" contestants stayed in the \$7.25 million triplex penthouse in Brooklyn Heights' One Brooklyn

Bridge Park. The 4,638square-foot, waterfront property boasts a private elevator to each floor, a rooftop deck and 360-degree views of Brooklyn and Lower Manhattan, plus access to the build-

ing's yoga room, media lounge and virtual driving range.

"One Brooklyn Bridge Park was the perfect place for a show about interior design," says Robert Levine, CEO of

RAL Companies, the building's developer. "The homes in One Brooklyn, and the penthouse in particular, epitomize great design and were an inspiration for the finalists."

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National home prices begin to stabilize

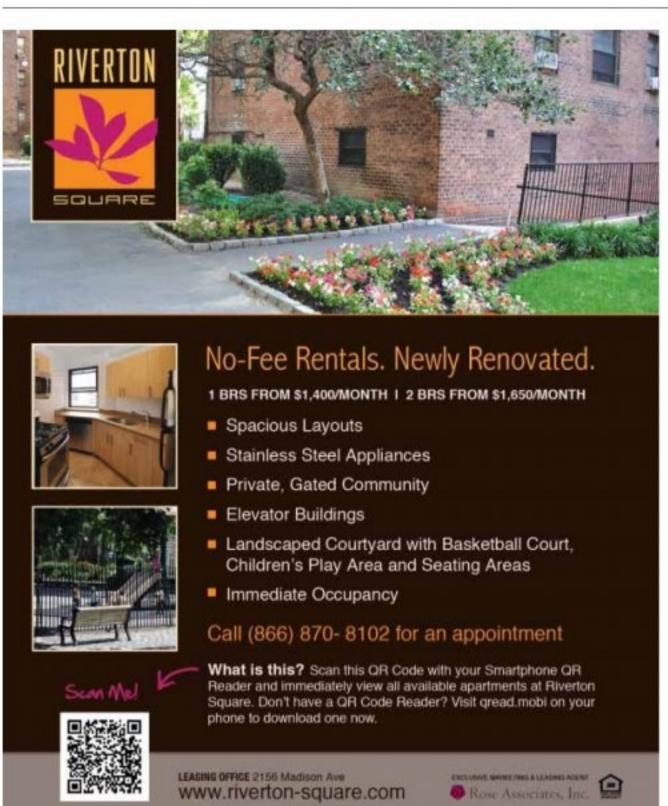
Nationwide home prices began to stabilize in the second half of 2011, a positive indicator of consumer spending, according to a CoreLogic report released yesterday. Excluding distressed sales, the House Price Index only dropped 0.4 percent in May 2011.

Another positive sign is that the HPI, including distressed sales, increased between March and April for the first time in more than six months, continuing between April and May. Standard & Poor's Case-Shiller U.S. National Home Price Index, also released yesterday, indicated that U.S. home prices increased in May for the first time in six months.

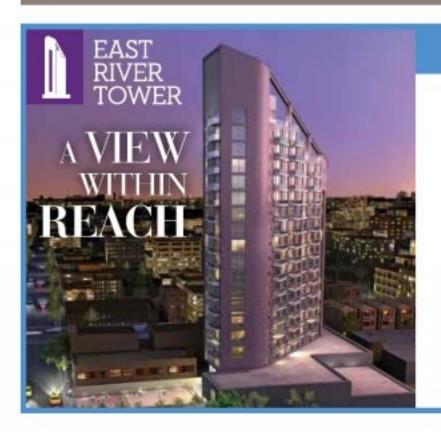
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